

Lesson Plan Date:		Topic: Primary Colours + 1		Age: 15-18 months	
Culminating Activity (2nd Friday): Make different sensory toys for each colour					
Suggested Videos (for reinforcement): Baby Einstein – Baby Van Gogh – World of Colours					
Weekly Vocabulary		Vocabulary Words: yellow, red, blue, green			
	Monday	Tuesday	Wednesday	Thursday	Friday
	Topic of the Day: All about yellow	Topic of the Day: All about red	Topic of the Day: All about blue	Topic of the Day: All about green	Topic of the Day: All about colours
Activity 1 	<p>Small Colour Bins: Get 4 small bins (one for each colour). Place a variety of items of the same colour in each bin. Introduce one bin/colour at a time. Say the colour, let your baby explore the contents of the bin. Narrate what your baby is doing (I.e. “That’s a red ball, it is bumpy. That’s a red square, do you like it? Etc.)</p> <p>Skill: Making associations between language and real objects</p>	<p>Sing-a-long: Sing songs about colour. (Have flashcards or coloured pieces of paper to use as props when singing)</p> <p>Song Ideas: See the list following the lesson plan.</p> <p>Skill: Developing speech</p>	<p>Story Time: Read stories that are all about colours!</p> <p>Book Ideas: My Many Colored Days (Dr. Seuss), A Color of His Own (Lionni), Brown Bear, Brown Bear, What Do You See? (Martin Jr.), Maisey’s First Colors (Cousins)</p> <p><i>-There are literally hundreds of good books to pick from.</i></p> <p>Skill: Making associations between language and pictures</p>	<p>Flashcards: Use flashcards or a piece of coloured paper to review and reinforce the vocabulary.</p> <p>Remember there are many fun ways to use flashcards as a teaching tool (it is not limited to sitting and repeating).</p> <p><i>See my blog for ideas on how to use flashcards in a variety of ways</i></p> <p>Skill: Mimic sounds</p>	<p>Week 1: Repeat any activities your baby really enjoyed or catch up on some that you missed.</p> <p>Week 2: Culminating Activity: Create colourful sensory toys!</p> <p>Allow your baby to participate as much as possible in the creation of these toys.</p> <p>First collect four clear, plastic bottles that are suitable to be held by your baby (not too big, not too flimsy, etc.)</p> <p>Clean them and let them dry.</p>
Activity 2 	<p>Music & Chanting: Use homemade or toy instruments to play along to chants about the word yellow. Just make them up! Ex. “Yellow, yellow, yellow. This banana is yellow” (while beating a drum). Do it quickly, slowly and in-between!</p> <p>Skill: Experimenting with tempo</p>	<p>No Mess Painting: Take a Ziploc freezer bag and add washable red paint to it. (You can also try mixing in soap or gel with the paint for different effects). Put a white piece of paper (roughly the size of the Ziploc bag) onto a table (or other hard surface). Place the Ziploc bag flat on top of the white paper and tape all four sides down. Use fingers to push around the paint and draw things!</p> <p>Skill: Fostering creativity</p>	<p>Finger Painting with Food (sensory): Use blue edible finger paint, blueberry yogurt, blue Jello, blue juice crystal paste, blended blueberries, etc. to make some finger paint artwork.</p> <p>Skill: Exploring texture in artwork</p>	<p>Outdoor Activity: Go on a scavenger hunt to find green things. Collect them and bring them home. Paste them onto a piece of paper to make a poster. Involve your baby as much as possible; encourage him to choose where each item should be placed. You will have to model first. (Ex. Where should this green leaf go? Hmm. I think right here.)</p> <p>Skill: Exploring space to express creativity</p>	

<p>Activity 3</p> 	<p>Tongs & Pom-Poms: Gather some yellow pom-poms, a container or ice-cube tray and a set of small plastic tongs. Model how to pick up the yellow pom-poms with the tongs and how to release/place them into another container.</p> <p>Skill: Using tongs</p>	<p>Have Fun Lacing: If you have a lacing toy (I.e. Melissa & Doug Primary Lacing Beads – or similar) use the red one to practice lacing.</p> <p>If you don't have a lacing toy you can get creative and make one! (Ex. use red pipe cleaners or red ribbon as the string and cut up paper towel rolls [painted red] or red pasta shapes as beads – see how to dye pasta following the lesson plan)</p> <p>Skill: Lacing</p>	<p>Practice Pouring: Using two child sized cups or similar containers (preferably clear) practice pouring blue things from one to the other (Ex. Blue sand, blue beads, blue water, blueberries, etc).</p> <p><i>*Be sure to watch your baby carefully as some items could present a choking hazard*</i></p> <p>Skill: Pouring</p>	<p>Story Time: Provide your baby with books about colour. Allow them to flip through the pages.</p> <p>Skill: Practicing flipping pages (eventual goal is one page at a time)</p>	<p>Instructions for each bottle:</p> <ol style="list-style-type: none"> 1. <u>Coloured rice bottle</u> – Place 1 teaspoon of water and some food colouring into a zip-lock bag. Pour in desired amount of rice (you don't want the bottle too full of rice because you want it to make a sound when shaken). Mix the rice so it is all covered in colour. Pour it out onto wax paper in a thin layer and allow it to dry. Place in the bottle and hot glue the lid shut.
<p>Activity 4</p> 	<p>Balloons: Blow up several yellow balloons (different shades of yellow if possible). Have fun playing with them.</p> <p>Skill: Walking, running, jumping, crawling, throwing, catching</p>	<p>Obstacle Course: Create an obstacle course out of everyday home items (pillows, chairs, boxes, etc.) In each part of the obstacle course have a task that includes the use of a red object. (ex. Push the red ball through the tunnel, next, climb over the chair and put the red socks in the bucket.....)</p> <p><i>**Tailor the course according to your baby's mastered and emerging skills**</i></p> <p>Skill: crawling, ducking, climbing, jumping, rolling</p>	<p>Blue Discovery Box: Have a discovery box full of blue items and another, empty box a distance away. Encourage your baby to choose an item from the box and examine it, once finished, get them to run/walk/scoot to the other box and place it in. Run back to the blue box and repeat.</p> <p>Skill: Running, walking, putting objects into a container</p>	<p>Rhythmic Gymnastics: Gather some green cloths, ribbons, silk scarves, boas, etc. Put on whatever music you're in the mood for and dance using the props.</p> <p>Skill: Coordination, balance</p>	<ol style="list-style-type: none"> 2. <u>Oil and coloured water bottle</u> – Use any colourless oil (baby oil works well). Pour about 1-2 cm of oil into the bottle and add coloured water. (Again, don't fill it completely). Hot glue the lid on. Have fun shaking it and watching it separate. 3. <u>Water, glitter & beads bottle</u> – Place clear water, glitter (visual effects) and beads (audio effects) into a bottle (glitter & beads should be the same colour). Quantities are up to you but allow for movement in the bottle. Seal lid with hot glue.

<p>Activity 5</p> 	<p>Dressed in Yellow: Lay out all the yellow clothes you have into categories. Allow your baby to choose which clothes she would like to wear and allow the opportunity to put the clothing on independently (help wherever necessary). You can dress in yellow too</p> <p>Skill: Developing Independence</p>	<p>Story Time: Read the story Red is Best (Stinson) and talk about it as you go.</p> <p>Skill: Exploring preferences</p>	<p>Music: Make a playlist of “happy” and “sad” songs containing the word blue. Have the playlist alternate “happy” then “sad”. Pick your baby up and sing and dance with her in a way that expresses the tone of the music.</p> <p>“Happy” Song Ideas: Blue Suede Shoes (Elvis), Blue Moon (The Marcels), True Blue (Madonna)</p> <p>“Sad” Song Ideas: Blue Eyes (Elton John), Blue (LeAnn Rimes), Blue Velvet (Tony Bennett)</p> <p>Skill: Making connections between feelings and music</p>	<p>Clean Up Time : When it is time to clean up, have toys organized by colour. Encourage your baby to pick up and put the right colour into the right container. It will be easier to just start with one colour and say, “Let’s clean up all the green toys first”.</p> <p>If this is too easy then set out 3 or 4 containers with a couple of toys in each so your baby knows which colour belongs in each bin and encourage them to sort the toys they are cleaning up.</p> <p>Skill: Developing responsibility</p>	<p>4. Coloured soap bottle – Place coloured water into the bottle and add a big squirt of dish soap (the colour of the soap could affect the overall colour so using a soap the same colour as the coloured water would be best). Seal the lid with hot glue. Have fun shaking and making bubbles!</p> <p>Do one for each colour (yellow, red, blue, green) – you decide which colour you would like each bottle to be.</p>
<p>Activity 6</p> 	<p>Yellow Ball: Sit down in a circle with your baby and a few family members or friends and pass a yellow ball around the circle (from one person to the next). Sing the song “Yellow Ball” (following the lesson plan). When you get to the end of the song, whoever has the ball should cheer “yay! I have the yellow ball”! Repeat.</p> <p>Skill: Co-operation</p>	<p>Volunteer: Volunteering with your baby in tow, provides an opportunity for him to learn empathy, thankfulness, compassion and so much more. Red is a popular colour for social awareness campaigns. Find one that you feel is valuable and volunteer with your baby.</p> <p>A Few “Red” Campaigns: MADD (Mothers Against Drunk Driving), Drug Free Youth, Red Ribbon for AIDS campaign, Heart & Stroke Foundation, Poppies for war veterans.</p> <p>Skill: Helping Others</p>	<p>Toy Time: Find some blue toys that your baby really enjoys playing with. Practice taking turns playing with it. You can even try using an egg-timer to provide a visual and audio cue for when it is time to switch turns.</p> <p>Skill: Sharing</p>	<p>Growing Green Things:</p> <p>Week 1: Involve your baby in gardening activities such as planting seeds, picking food, watering plants and flowers, etc. If it is indoor weather, plant an indoor herb garden, water plants, repot plants, etc.</p> <p>Week 2: The same as last week but make mention of how things have changed or grown as a result of your help</p> <p>Skill: Appreciation for the Earth/environment</p>	

Activity 7



Toy Time: Play with colourful spinning gear toys. Spin them fast and slowly. Left and right. Take one of the gears away; what happens?

Toy Ideas: Melissa & Doug (Caterpillar Gears, Vehicle Gears or Fluttering Butterfly Gears toy)

Skill: Cause and effect

Bath Time (Sensory): Fun Red Bath! Add a few drops of red food colouring to the bath (or bubble bath) and add some red toys (red water balloon, red ball, etc.) Watch as your baby explores and manipulates the objects.

Skill: Experimentation and discovery

Toy Time: Play with a toy that reinforces colours and encourages problem solving at the same time.

Toy Ideas: Peek-a-Shoe Octopus (LeapFrog), Wire-Bead Maze

Skill: Problem solving

Green Discovery Box (Sensory): Put a variety of toys and other objects that are the colour green. Be sure that they are varied in size, weight, texture, function and even shade. Watch as your baby explores each item and decides what to do with it/them.

Skill: Experimentation and discovery

Songs about Colours

I Love Colours

(Sing to the tune of "Frere-Jaques")

I love green, I love green *(display something green)*
Yes I do, yes I do.
Green makes me happy *(make a big smile)*
Green makes me clappy *(clap hands)*
I love green, I love green.

(Continue with red, blue & yellow)



I See Colours

(Sing to the tune of "The Farmer and the Dell")

I see something blue, I see something blue
Oh, I spy with my little eye,
I see something blue *(hold up something blue)*

(Continue with red, yellow & green)

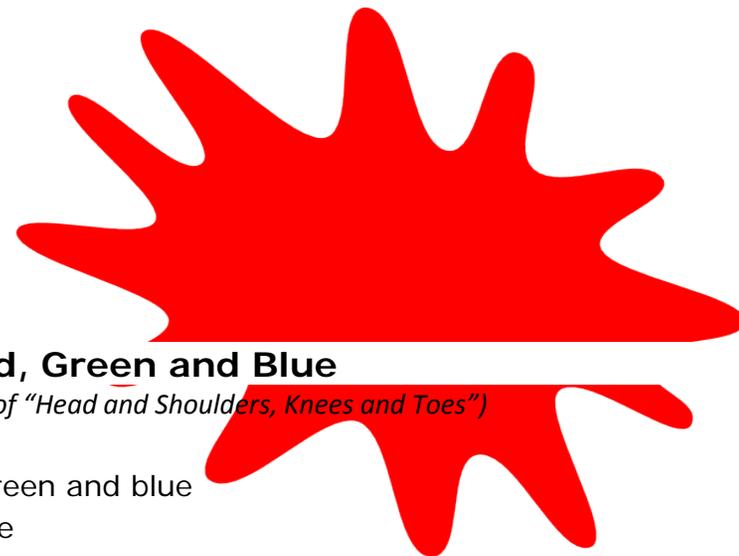


Yellow, Red, Green and Blue

(Sing to the tune of "Head and Shoulders, Knees and Toes")

Yellow, red, green and blue
Green and blue
Green and blue
Yellow, red, green and blue
I see yellow, red, green and blue

(Display coloured pieces of paper to point to as you sing the song. Repeat the song going faster and faster each time).

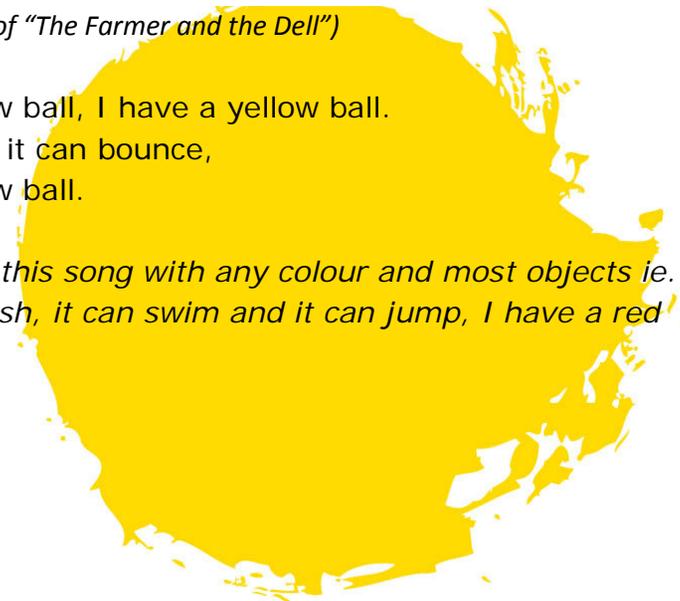


I Have a Yellow Ball

(Sing to the tune of "The Farmer and the Dell")

I have a yellow ball, I have a yellow ball.
It's round and it can bounce,
I have a yellow ball.

(You can sing this song with any colour and most objects ie. I have a red fish, it can swim and it can jump, I have a red fish.....etc.)



How to Make Coloured Pasta

- Place 1-2 cups of pasta into a zip-lock bag
- Add $\frac{1}{4}$ cup of rubbing alcohol and 8 -10 drops of food colour
- Seal the bag (if desired, tape over the seal to avoid leakage)
- Mix the pasta and liquid well, let sit for 4-8 hours (the longer they sit, the more vibrant the colour. Flip bag occasionally)
 - When ready, drain the liquid
 - Pour a single layer of pasta onto paper towel or old newspaper or cookie sheets and allow to dry. (Drying time varies between 30 minutes to 2 hours depending on pasta)

